

**Learning is connected
to land, culture, and spirit.**

**We—the two-legged,
four-legged, finned and
feathered, plants and
rocks—are all related.**

**We must always practice
reciprocity through acts
of giving and receiving.**

**Learning honours our Ancestors,
Elders, Knowledge Keepers and
Descendents.**

**It respects and embraces
ceremony, protocol, and
teachings that are connected to
the sacred medicines including
tobacco, cedar, sage, and
sweetgrass.**

**Important teachings
emerge through stories.**

**Learning involves developing
relationships, respecting distinct
cultures, and honouring the
perspective of others in our
communities.**

**The deepest learning takes place
through lived experience. It
requires exploring our identities,
learning from our mistakes, and
having gratitude for our gifts.**

**Learning is a journey that takes
courage, patience and humility.**

**It is about striving to become a
better human being and living
with balance in body, mind,
heart and spirit.**



ABORIGINAL WAYS OF KNOWING AND BEING

